







BLT Jr. March Newsletter

Happy March!

As we move into a new month, we're looking forward to longer days and signs of spring! March is a busy month with important dates, safety reminders, and a focus on nutrition and literacy. Please take a moment to review the updates below.

Important Dates




-  **March 7** – Assessment and Evaluation Day (*No School for Students*)
 -  **March 8** – International Women's Day
 -  **March 10-14** – March Break (*No School for Students*)
 -  **March 21** – World Down Syndrome Day
 -  **March 21** – International Day for the Elimination of Racial Discrimination
 -  **March 31** – International Transgender Day of Visibility
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Assessment and Evaluation Day – March 7

Friday, March 7 is **Assessment and Evaluation Day** for teachers. There will be no school for students as teachers use this time to assess student progress and begin preparing second-term report cards. Report cards will be sent home via email to the addresses we have on file.

March is Nutrition Month!

This year's Nutrition Month theme, **Nourish to Flourish**, highlights the important role food plays in our overall well-being.

-  Plant an indoor or outdoor garden
-  Cook and enjoy meals together as a family
-  Explore new foods and discuss their benefits

Food literacy—knowing how to grow, choose, prepare, and talk about food—is an important part of a child's development. Let's make food learning fun!


School Bus Safety Reminders

At the Bus Stop:

- ✓ Arrive on time – don't run to or from the bus.
- ✓ Stand back and wait for the bus to stop completely.
- ✓ Cross the road in front of the bus, only when the driver signals it's safe.

On the Bus:






- ✓ Stay seated while the bus is moving.
- ✓ Keep noise levels low and listen to the driver.
- ✓ Keep aisles clear and never throw objects inside or outside the bus.

 **Did you know?** It is illegal for drivers to pass a stopped school bus with flashing red lights. Please help keep our students safe!

For more information on student transportation, visit **HRCE Student Transportation**.

Literacy Tips: Reading with Your Child

Reading at home is one of the best ways to support your child's learning! Here are some tips to make reading time engaging:

-  Read to your child frequently.
-  Re-read the same books—repetition helps learning!
-  Pause to discuss the story and ask questions.
-  Ask "why" questions to encourage problem-solving.
-  Point out letters and their sounds.

A few minutes of reading together each day can make a big difference!

Early Development Instrument (EDI) – Primary Students

Teachers in English and French Immersion programs will be completing the **Early Development Instrument (EDI)** for each Primary student between February and early April. This initiative, in partnership with the Department of Education and Early Childhood Development and McMaster University, provides valuable insights into early childhood development.

For more information, visit [HRCE's EDI page](#) or contact the school.

Enjoy the month of March, and have a wonderful March Break!